

Alzheimer's Savvy Caregiver Training Program

Professional-Level Training for the Non-Professional

Based on research by experts, this new 3-week course from the Alzheimer's Association will provide clinical-level training for family caregivers.

Many caregivers have told us they would like to go beyond the introductory education offerings. This is that opportunity.

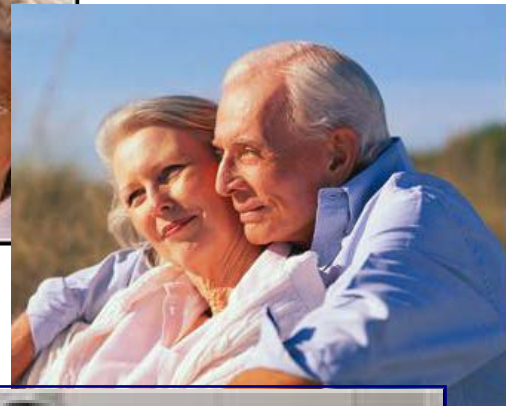
Graduate with improved:

- Knowledge, techniques and outlook.
- Skills to assess the abilities of your loved one with dementia & adjust your approach over time.
- Confidence to set and achieve care giving goals.
- Strategies to manage activities of daily living.

When: Thursdays, March
15th, 22nd and 29th.

Time: 9-12 noon

Where: Fillmore Senior Center
533 Santa Clara St.



This is a "FREE" Class

Donations are accepted

A Caregiver's Manual
is available for \$25

But not required to take the course

To Register: Please call Norma Featherston (805) 484-6028

or

Beverly Fox at (805) 524-4533